

# Phase I trial design considerations and CTEP clinical trial resources

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# Phase 1 studies

# Why are studies categorized into phases?

- Phase of study refer to the primary objective of the study
  - Phase 1: To determine the RP2D – the highest dose of a drug or drug combination to move forward to efficacy studies
  - Phase 2: To determine if the drug or drug combination delivered at the RP2D has activity against the targeted disease
  - Phase 3: To determine if the drug or drug combination is better than current conventional therapy

**These are traditional concepts and many studies have combinations of these objectives built into their designs**

# What is a phase 1 study?

- The primary objective of a phase 1 study is to **define a safe and tolerable dose** to use in further studies designed to determine efficacy, ie the **Recommended Phase 2 Dose (RP2D)**
- A phase 1 study can be of a new single agent or agents in a new combination
- **Combination** phase 1 studies are generally conducted when the agents in a combination are predicted to have more toxicity when combined than when given alone
  - Overlapping toxicities
  - Drug:Drug interactions

# Objectives of a phase 1 study

- **Primary:** Determination of the RP2D
- **Secondary:**
  - Pharmacokinetics (PK)- often the first opportunity to observe PK in humans, or to determine if there are significant DDI
  - Pharmacodynamics (PD)- often the first opportunity to develop an assay to determine whether a drug or drug combination has the anticipated on-target biological effect
- Incorporation of PK and PD objectives into phase 1 studies is extremely important in that it provides other data that can be used to determine the dose in future studies
  - Does the agent hit the intended target?
  - Is the purported mechanism of action correct?
  - Do agents interact with each other

# Components of a phase 1 study

- A strong rationale **and** strong preclinical evidence supporting the commitment of study the agent or agent combination in cancer patients **and** a path to phase 2
- **Dose escalation scheme** – justification of starting dose(s) and definition of all dose levels to be explored
- Definition of **dose limiting toxicities (DLTs)** –toxicities that make the drug(s) intolerable or unsafe
- **Dose escalation statistical plan** – how many patients observed at each dose level for DLTs and when a dose can be escalated
- Definition of the **DLT observation period** – since dose escalation depends on the occurrence of toxicities, the observation window must be defined so decisions can be made about increasing the dose
- **Eligibility** – inclusion and exclusion criteria
- **Expansion cohorts** to extend initial observations of tolerability and safety, and also for correlative objectives

# The primary phase 1 objective: RP2D

- RP2D is the dose that does not exceed the DLT limit established by the dose escalation plan
  - Often it is exceeded during the course of a phase 1 study
- The dose escalation scheme is guided by the **DLTs that occur during the observation period**, but the safety and tolerability determinations also depend on whether subsequent dose reductions are required
- The **dose escalation scheme** that determines the RP2D, such as 3+3 or BOPIN, have underlying assumptions about an **acceptable toxicity (DLT) rate**, and the designs can vary based on how much toxicity is considered to be acceptable
- **The RP2D is not necessarily the dose** that will be used in all subsequent studies – it is only the initial dose for the next studies determined by a small number of patients

# Considerations for phase 1 studies

- Is the RP2D a tolerable dose?
  - The DLT observation window is usually brief, and does not take into account long term toxicities and subsequent dose reductions
- How long should the DLT observation window be?
  - Too short – miss toxicities that impact tolerability
  - Too long – too much time required before making dose escalation decisions
- Statistical plans make dose escalation decisions based on toxicity
  - How much toxicity should be allowed?

# Expansion cohorts in a phase 1 study

- Expansion cohorts add additional patients treated at the RP2D
- CTEP does **not** support incorporating efficacy objectives for expansion cohorts in phase 1 studies
- CTEP **does** support other phase 1b objectives: PK, PD, additional safety observation
- Efficacy objectives are properly the subject of appropriately powered and designed phase 2 studies
- *Including small underpowered cohorts for preliminary efficacy objectives in phase 1 studies usually leads to results that are inconclusive and delay initiation of more definitive phase 2 studies*
- Every phase 1 study should be undertaken with the intention of subsequently conducting an appropriately powered and designed phase 2 study

# CTEP clinical trial resources

# What is CTEP? The CTEP-IND program? The ETCTN?

- NCI's Cancer Therapy Evaluation Program (CTEP) is in the NCI Division of Cancer Treatment and Diagnosis
  - **CTEP administers all NCI extramural clinical research networks**, including the adult and pediatric cooperative groups (NCTN)
- The **CTEP IND** program allows CTEP to **act as sponsor of clinical trials** within its funded networks
  - **Creates 3-way partnerships** between pharma, academic investigators and NCI where pharma provides agents for trials and CTEP provides regulatory support and safety oversight
  - Research agreements (CRADAs) between CTEP and pharma partners define relationship
  - **All and only** CTEP-funded networks can run trials with CTEP-IND agents
- The Experimental Therapeutics Clinical Trials Network (ETCTN) is one of the CTEP networks, and the only network **devoted only to the development of CTEP IND agents**

# NCI/CTEP IND program– a highly successful platform for public-private partnerships

- Over **134** collaborative agreements (CRADAs, CTAs, Agent-CRADAs and Material-CRADAs) with pharmaceutical companies
- **199** Investigational New Drug Applications (INDs) for trials including **150** agents.
- Over **300** actively accruing cancer clinical trials as of May 19, 2021
- Approximately **80** treatment trials were opened/year between 2018 and 2020 many of which included combinations that involve more than one CTEP IND agent
- Approximately **18,000** registered investigators at approximately **2,000** institutions in the US and internationally

# Why do pharmaceutical companies apply to NExT for NCI-sponsored development of their agents?

- CTEP has **access to novel agents from competitors**- can act as an honest broker for drug combination studies – with an agreements platform that is transparent to all
- Companies realize that there are potential therapeutic indications that do not have high enough priority to compete for limited corporate resources
- CTEP can expend public funds for clinical trials and regulatory support to advance the development of agents owned by Pharma
- CTEP supports several large **networks of experienced clinical trialists** and centralized clinical trial support systems
- CTEP will **invest in correlative science** studies to explore the pharmacodynamics of agents in clinical studies, especially in early phase studies in the ETCTN

# Why does NCI help pharmaceutical companies develop their agents?

- NCI recognizes that there is a **significant public interest** in finding indications for new oncology drugs beyond those that may be the most profitable.
- NCI can **advance the understanding of cancer biology and treatment** through carefully designed clinical trials and **through correlative studies** that are extensively incorporated into ETCTN trials

## NExT –entry portal for drugs into the NCI/IND program

- Most agents eligible for NCI/CTEP IND development are selected through NExT: [next.cancer.gov](http://next.cancer.gov)
- Administered by the Development Therapeutics Program (DTP) in DCTD, not by CTEP, even though agents selected in the program can be assigned to CTEP/IDB for clinical development
- DTP manages peer review (Special Emphasis Panel; SEP) of applications for NCI-assistance in product development – all phases of clinical and pre-clinical assistance
- Applications for CTEP-sponsored clinical development are most commonly from Pharma, although products generated from academia can also apply
- No funding provided, only services
- Three review cycles per year -4 month cycle from application deadline to outcome

# CTEP roles in study development and implementation

- CTEP – acting in its role as the **funder** of clinical trials networks:
  - **Provides funding** for network operations offices and investigators
  - **Provides infrastructure support** for all clinical trials networks
- CTEP – may also act in its role as **sponsor** for IND studies:
  - The **Investigational Drug Branch (IDB)** oversees the CTEP-IND program
  - IDB physicians are primary contacts for pharma and investigators and function as lead scientific reviewers
  - IDB physicians are the official **medically-responsible physicians** for **safety oversight of all CTEP IND studies**
  - Other CTEP branches also play significant roles in the IND program, including Regulatory Affairs Branch, Pharmaceutical Management Branch and Clinical Investigations Branch

# Access to CTEP resources

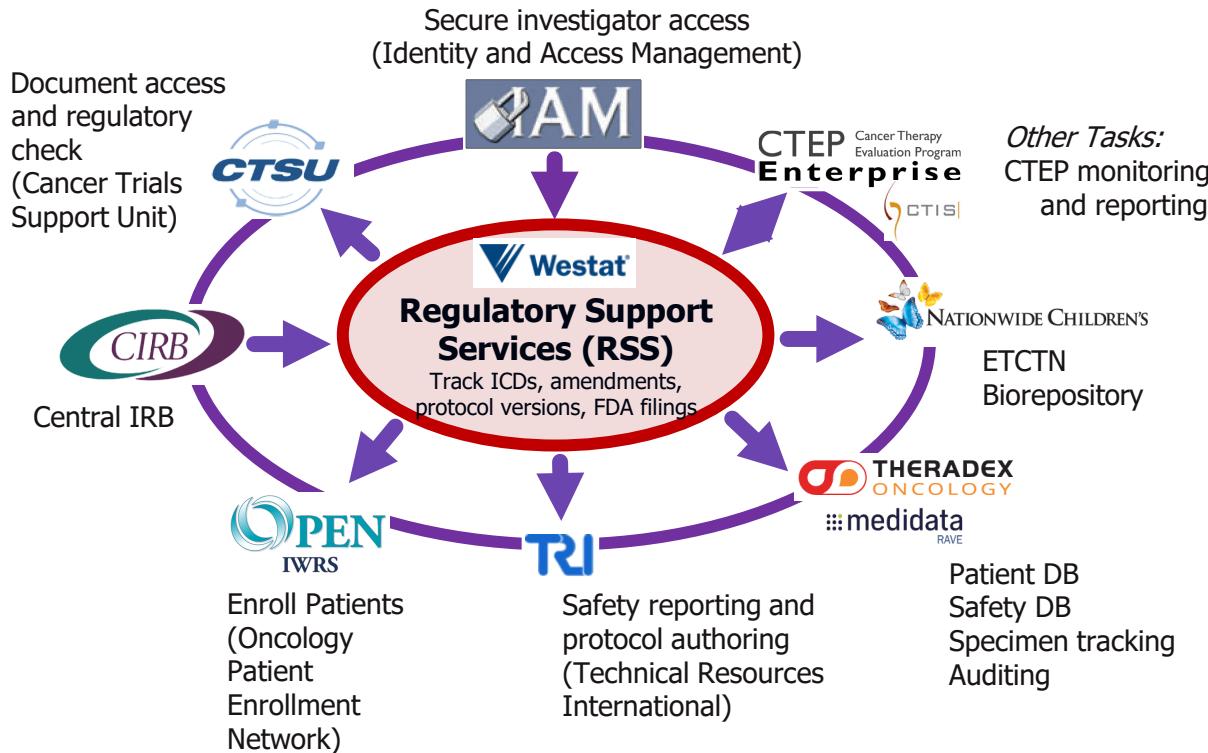
- Most CTEP clinical trial resources are available through its grant-funded networks – **not open access**
  - NCTN groups – have scientific committees that advance clinical trial proposals (LOIs or Concepts) to CTEP for review and approval
  - ETCTN
    - ETCTN grant PI's can submit LOIs for review and approval
    - EDDOP program allows investigators from **non-ETCTN NCI-CCs** to submit LOIs for ETCTN trials
  - Other small CTEP-funded networks have access to CTEP-IND agents, e.g. CITN
  - All clinical trial proposals for NCI networks must be submitted to CTEP Protocol Information Office (PIO) by the PI of an eligible grant
- Resources available outside grant-funded networks
  - NCI formulary – investigational agents (without funding) for preclinical or clinical studies

# Resources available for ETCTN studies

- **CTEP expertise** – scientific input during review process adds to the rigor of trial design and value of study
- **Investigator expertise** – ETCTN investigators are highly experienced early phase clinical trialists provide input and understand how to conduct these studies within their own institutions
- **Clinical trial infrastructure** that supports early phase trials in a network setting for enhanced accrual and full regulatory compliance
- **National Clinical Laboratory Network** provides exceptional correlative science resources for molecular characterization of patient tumors and pharmacodynamic analysis of on study biopsy specimens

# CTEP/ETCTN centralized clinical trial support

All IND studies receive centralized support from CTEP so that the individual sites can function together as a national network and so that CTEP can meet its obligation as sponsor



# NCLN Genomics assays available for ETCTN trials

Biomarker Name	Laboratory
Whole Exome Sequencing (WES) • Tumor • Blood, Germline Control for WES	NCLN Genomics Laboratory
RNAseq	NCLN Genomics Laboratory
Oncomine Panel	NCLN Genomics Laboratory
circulating tumor DNA (ctDNA)	NCLN Genomics Laboratory

- Available if approved without cost; no BRC review required

# NCLN PD assays available for ETCTN trials

Biomarker Name	Assay	Laboratory
<b><math>\gamma</math>H2AX, pNBS1 IFA with <math>\beta</math>CATN segmentation</b>	Multiplex Immunofluorescence Assay (mIFA)	NCLN PD Assay Laboratory at MD Anderson
<b>Apoptosis Multiplex Immunoassay, Luminex</b>	Luminex, <ul style="list-style-type: none"><li>• <u>Panel 1</u>: BAK, BAX, Lamin-B, Smac dimer</li><li>• <u>Panel 2</u>: BIM, BAD, BAX-Bcl-2 heterodimer, Bcl-xL, Mcl-1</li><li>• <u>Panel 3</u>: BAK-Mcl-1 heterodimer, BAK-Bcl-xL heterodimer, Active Caspase 3 (cleaved), Survivin</li></ul>	NCLN PD Assay Laboratory at Molecular Pathology Laboratory Network, Inc.
<b>AKT Multiplex Immunoassay Panels 1-3</b>	Luminex, <ul style="list-style-type: none"><li>• <u>Panel 1</u>: AKT1, AKT2, AKT3, rpS6</li><li>• <u>Panel 2</u>: pS473-AKT1, pS474-AKT2, pS472-AKT3, pS235-rpS6</li><li>• <u>Panel 3</u>: pT308-AKT1, pT309-AKT2, pT305-AKT3, pS240/244-rpS6</li></ul>	NCLN PD Assay Laboratory at Molecular Pathology Laboratory Network, Inc.
<b>ERK/MEK Multiplex Immunoassay Panels 4-5</b>	Luminex, <ul style="list-style-type: none"><li>• <u>Panel 4</u>: ERK1, ERK2, MEK1, MEK2</li><li>• <u>Panel 5</u>: pS218/S222-MEK1, pS222/S226-MEK2, pT202/Y204-ERK1, pT185/Y187-ERK2</li></ul>	NCLN PD Assay Laboratory at Molecular Pathology Laboratory Network, Inc.

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# CTEP scientific review

- Pre-clinical or clinical evidence to support proposed study
  - **Rationale is not enough**
  - Higher priority proposals have strong preclinical evidence
- Fills a need
  - **No duplicative studies** ongoing or in planning stages
- Sound statistical design
  - Will study endpoint advance the development of the agent or agent combination
- Sound clinical plan for future development
- Biomarker plan
  - Assays validated and relevant to MOA of the agents
- Feasibility
  - Is accrual plan reasonable

# Why does CTEP require preclinical evidence to prioritize clinical trial concepts?

- Insufficient number of patients and insufficient resources to fund every clinical trial proposal – so evidence of in vivo tumor response is used to prioritize trials
  - ‘No resources to conduct preclinical studies’ is not a justification to test novel therapies on patients without supporting evidence of therapeutic benefit
  - ‘Unmet medical need’ is also not a substitute for strong supporting data
- Clinical studies are much more costly – in both dollars and human terms – than preclinical studies
- No models are perfect and no evidence is absolutely predictive
- *Every patient enrolled on a study deserves our best effort to ensure that the study is rigorously scientifically supported and soundly designed, so that their experience will have meaning even if the trial is negative*
- Strength of preclinical evidence is only one of many factors in LOI evaluation

# CTEP contacts

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[www.cancer.gov](http://www.cancer.gov)

[www.cancer.gov/espanol](http://www.cancer.gov/espanol)

# What factors are important in evaluation of in vivo experiments to support an LOI for non-IO agents or agent combinations?

- ***Significance of effect size*** not statistical significance
- **Depth of response:** Strength in descending order: Tumor regression vs prolonged growth inhibition vs slowing rate of growth
- **Durability of response:** Strength in descending order: Effect continues after therapy vs effect ends at end of therapy
- K-M and growth curves **much better than one point in time**
- **Duration** of experiment – the longer the better – to show durability of response
  - No need to stop observation of treated animals for response because control animals have been sacrificed
- The in vivo evidence of response should be analogous to measures of clinical benefit